Stuffed Artichokes (Kitty)

4 clvs Garlic

1/2 cup Olive Oil

1/2 lb Graded (tiny bits) Romano Cheese

1 cup Italian Bread Crumbs

1 tblsp Crab Boil

1 slice of Lemon

Pre-boil artichoke in water with Crab Boil until near done

Grade cheese (if not already graded)

Mix everything together

Cut thorns off

Stuff from bottom to top

Cut top flat

Place slice of lemon on top

Cover in Aluminium foil

Steam for 45 minutes